

# CNS Candidate Checklist for MDs/DOs

Instructions: Use this checklist to ensure all components of education, exam, and experience are completed for CNS certification. This checklist is for personal use and does not need to be submitted to the BCNS. All sections should be completed before applying for the exam.

## \_\_\_\_\_ **Education:**

### \_\_\_\_\_ Degree Requirements:

All candidates must hold an MD or DO degree from a regionally accredited medical or osteopathy school or foreign equivalent;

and

All candidates must hold a current licensure to practice medicine in the US (or in the country of practice).

### \_\_\_\_\_ [Course Requirements](#)

\_\_\_\_\_ 1. Graduate nutrition science courses- twelve (12) semester credit hours or 180 continuing education (CE) credits

\_\_\_\_\_ 2. Graduate or undergraduate biochemistry courses – six (6) semester credit hours

\_\_\_\_\_ 3. Graduate or undergraduate physiology or anatomy/physiology - three (3) semester credit hours

\_\_\_\_\_ 4. Graduate or undergraduate clinical or life sciences – twelve (12) semester credit hours

\_\_\_\_\_ 5. Graduate or undergraduate behavioral science – three (3) semester credit hours

## \_\_\_\_\_ **Exam:** (Exam Date: \_\_\_\_\_)

\_\_\_\_\_ 1. Complete degree program, course requirements and experience documentation

\_\_\_\_\_ 2. Download the [Exam Content Outline](#) and review the [Exam Preparation](#)

\_\_\_\_\_ 3. Submit CNS Exam Application by due date (Application Due Date: \_\_\_\_\_)

\_\_\_\_\_ [CNS Exam application for MD/DO](#)

\_\_\_\_ Official transcripts from each regionally accredited institution used to meet course requirements– sent by school to [applications@nutritionspecialists.org](mailto:applications@nutritionspecialists.org)

\_\_\_\_ Two (2) letters of recommendation – sent by writer to [applications@nutritionspecialists.org](mailto:applications@nutritionspecialists.org)

\_\_\_\_ Resume or CV – uploaded to ANA Portal

\_\_\_\_ One [Personalized Nutrition \(PN\) Case Data Collection & one PN Case Report](#) for a case that has occurred within the past five (5) years.

\_\_\_\_ Pay \$100 CNS Exam Application Fee in ANA Portal

\_\_\_\_ 4. Once approved, pay \$300 CNS Exam Fee in ANA Portal

\_\_\_\_ 5. Register for exam and schedule a local test center using the link sent by the BCNS once registration opens

\_\_\_\_ 6. Print Exam Letter from registration confirmation email to take to the test center

### \_\_\_\_ **Experience:**

\_\_\_\_ Watch the PN Forms Tutorial [Part 1](#) & [Part 2](#)

\_\_\_\_ Download [PN Data Collection Form](#) from ANA website for submission

\_\_\_\_ Download [PN Case Report Form](#) from ANA website for submission

\_\_\_\_ Complete and submit one [Personalized Nutrition \(PN\) Case Data Collection & one PN Case Report](#) for a case that has occurred within the past five (5) years with exam application via your portal